

Checklist for Patients Entering Level III (Residential) Treatment

- ☐ **TAD Orders for the duration of treatment (approx 35 days/5 weeks)**
- ☐ **Completed SHAPES form (contact Heather Pines)**
- ☐ **Proper Uniform Items/Civilian Clothes (please view NMCP website)**
- ☐ **Hygiene products that do not contain alcohol (please view NMCP website)**
- ☐ **No Personal Electronic Devices (i.e. IPOD/IPAD/LAPTOPS/Cell phones/Gaming equipment)**
- ☐ **All personal appointments must be taken care of prior to start date. (i.e. court dates, medical or family appointments)**

Our facility is located on the Naval Medical Center Portsmouth compound (not inside the hospital). We're building 104 near the gym. Please ask the gate guards for direction to the base gym and we're across from gym and barracks area.

Check in Day/Time: Mondays @ 0730.

POC: Heather Pines 757-953-9815